

Position Title	Kitchen Prep Assistant (36B)
Supervisor	Food Services Manager
Time Commitment	Minimum of one full-day shift per week (9:00AM – 4:00PM) Minimum 3 month commitment Shifts available Monday to Friday (no evenings or weekends)

Position Description

Every week, the Daily Bread Food Bank kitchen prepares 3,000-4,000 meals that will be distributed either in-house or to those in need across the GTA. The Kitchen Prep Assistant serves as an integral part of the Kitchen team and will be assisting in the preparation of food for cooking and packing.

Duties

- Prepare vegetables, breads, salads.
- Assist in cooking where needed.
- Sort produce and package meals.
- Assist with kitchen and cafeteria clean-up.

Qualifications

- Able to use common kitchen utensils.
- Can establish and maintain effective working relationships.
- Communication skills (both verbal and written).
- Attention to detail, accurate and careful work.
- Can function independently and shows initiative.
- Able to lift 50lbs.
- Maintain proper hygiene and safe food handling practices.
- Works well under pressure and can follow directions.

How to Apply

To apply for this position, please email your resume to volunteer@dailybread.ca with the subject line: Kitchen Prep Assistant.