

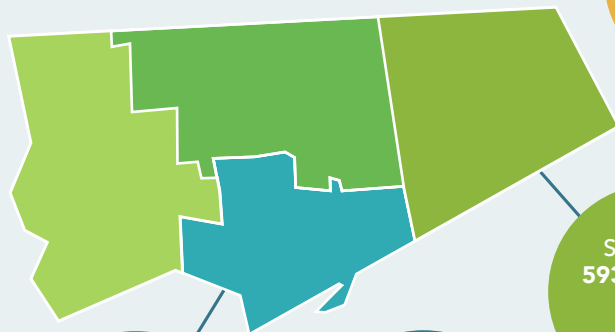
HUNGER BY THE NUMBERS

In the wake of the 2008 recession, we saw a surge in food bank use. What we hoped was a temporary spike has not gone away.

Over the last year, there were 914,470 visits to food banks run by Daily Bread Food Bank and North York Harvest Food Bank member agencies. While these numbers are down nearly 5% since last year, they remain 14% higher than they were in 2008, and more than double what they were in 1995. Before the recession, we had never seen a year with more than 800,000 visits. Since then, we have never seen a year with fewer than 870,000 visits.



2018 TOTAL CLIENT VISITS IN TORONTO



WHAT CAN YOU DO?

Stay informed about your city. Start with the Who's Hungry Report to learn the extent of hunger in Toronto, and the driving forces behind it.

Make your voice heard. Governments must take action to help fight hunger in our communities, and they need to hear that ending poverty is a priority for you. Connect with your city councillor, MPP, and MP, and make sure they know you want action on poverty in your community.

Donate. Many vulnerable people still need Daily Bread's services. With your help, we can provide food and other resources to those in need, and continue our research and advocacy to have an impact at all levels of government.

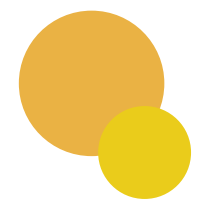
Volunteer. There are many opportunities to get involved at Daily Bread and other organizations feeding those in need.



dailybread.ca/whoshungry



Daily Bread is a registered charitable organization.
Registered Charity Number: 11888 1549 RR0001



Who's Hungry

A Profile of
Hunger in Toronto
2018

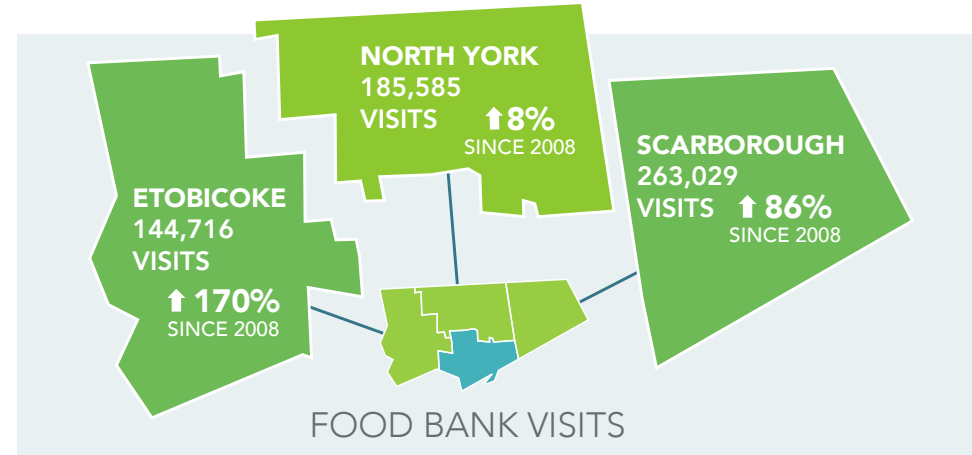




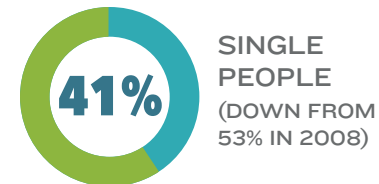
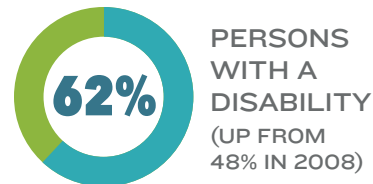
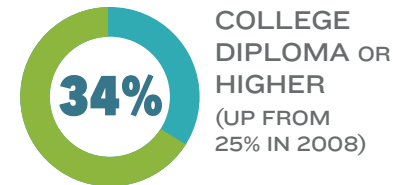
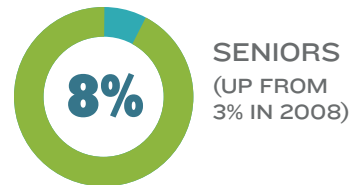
"My rent is \$1,136. My income is \$1,050. I essentially buy nothing."

~ Survey Respondent

THE CHANGING GEOGRAPHY OF HUNGER IN TORONTO



CHANGING FACE OF HUNGER IN TORONTO



FOOD INSECURITY IN TORONTO



GO AN ENTIRE DAY WITHOUT EATING EACH MONTH



OF CHILDREN WENT HUNGRY AT LEAST ONCE A MONTH



TURNT TO CREDIT CARD DEBT OR PAY DAY LOANS TO PAY FOR FOOD



MISSED MEALS TO PAY FOR RENT

WHY ARE PEOPLE HUNGRY?

People can't afford enough to eat because of low incomes and increasing costs, especially rent.

\$808.29	AVERAGE MONTHLY INCOME
68%	RECEIVE SOCIAL ASSISTANCE AS MAIN SOURCE OF INCOME
68%	AVERAGE SHARE OF INCOME SPENT ON RENT AND UTILITIES
\$8.04	AVAILABLE PER PERSON PER DAY AFTER RENT IS PAID

Our research shows that the safety net is failing. For the majority of our clients who rely on social assistance, there is not nearly enough to cover food, rent and other necessities. The current rate for a single person receiving OW is up to \$733 per month, and for a single person receiving ODSP it is up to \$1,169 per month. This year's cost-of-living increase was below inflation.