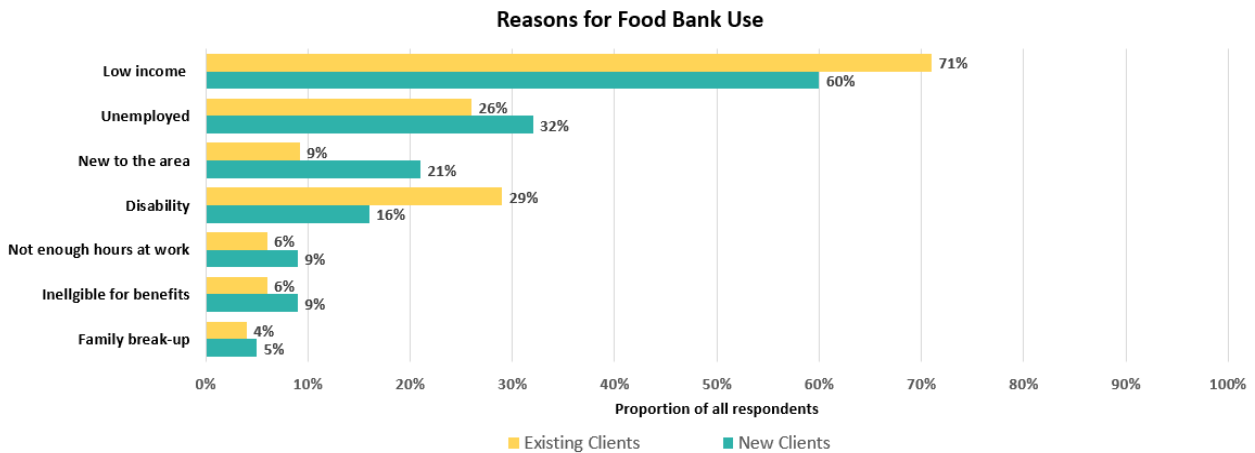


WHO'S HUNGRY 2022 – NEW & EXISTING CLIENTS KEY FINDINGS

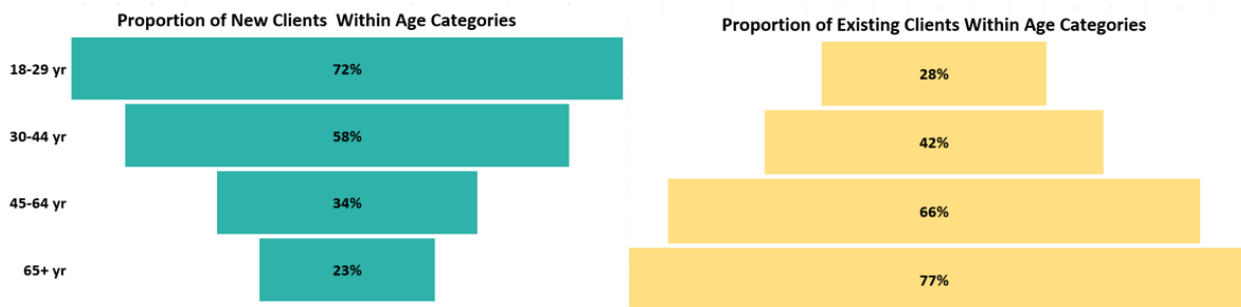
Overall Takeaway: With record increases in the cost-of-living, more and more people are turning to food banks for the first time to make ends meet. While new and existing clients attend food banks for similar reasons, their experiences with food insecurity differ depending on income sources and age.

Specific Takeaway

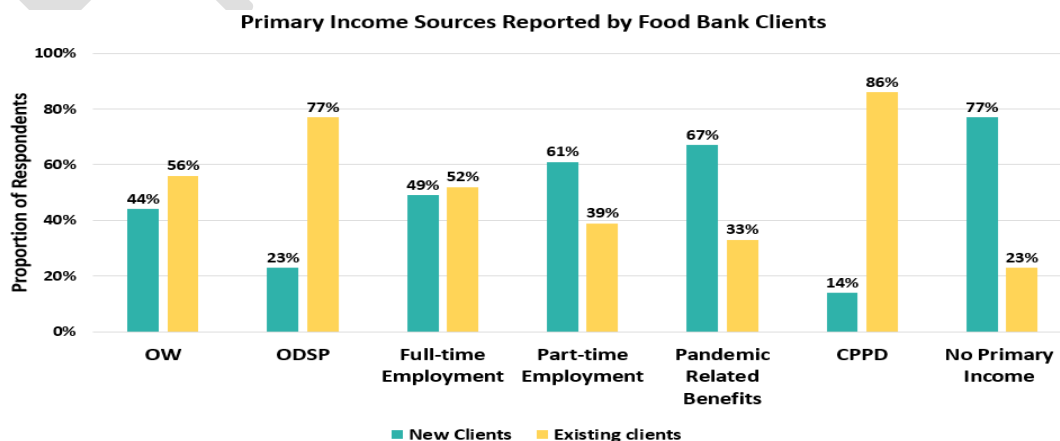
Takeaway #1: The majority of new and existing clients report low income as the reason they rely on food banks.



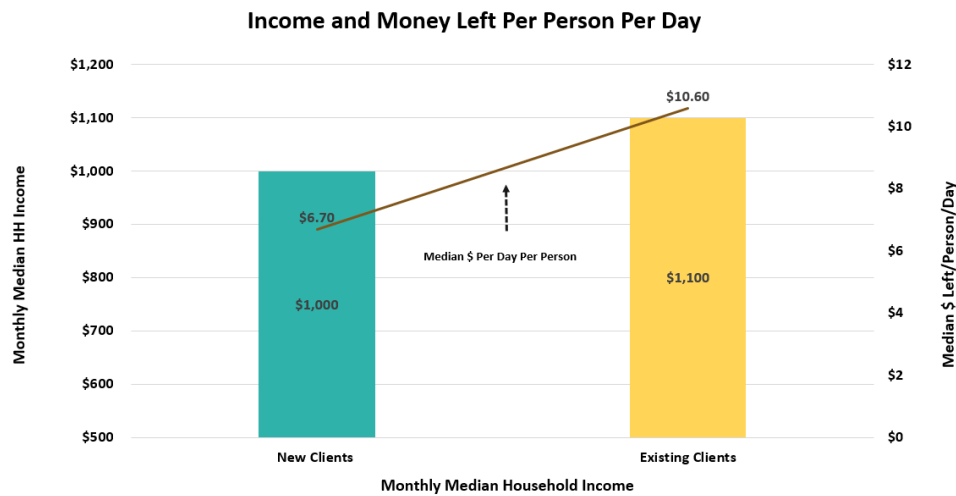
Takeaway #2: New clients are more likely to be younger, and existing clients are more likely to be older.



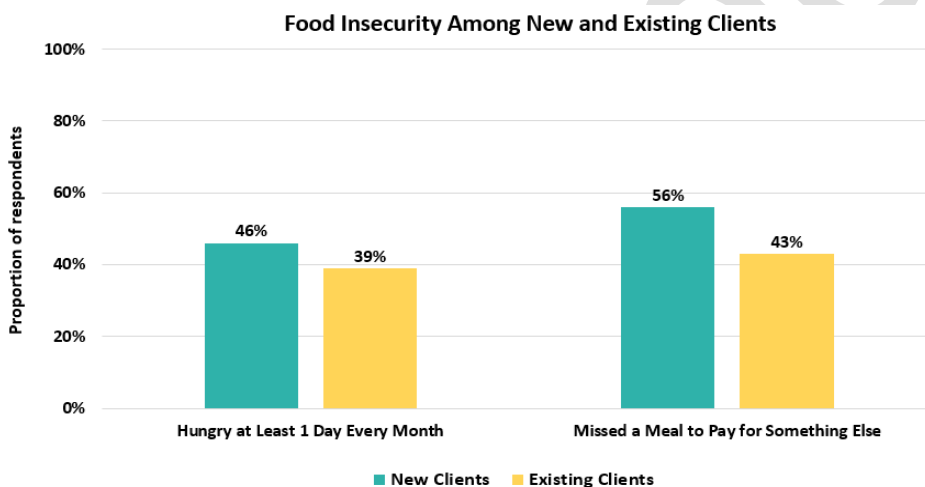
Takeaway #3: New clients are three times more likely to report no primary income than existing clients. Existing clients are three times more likely to report ODSP as their primary income.



Takeaway #4: New clients were more likely to experience economic disparity compared to existing clients.



Takeaway #5: New clients reported higher levels of food insecurity than existing clients.



System Solutions

We will never be able to achieve the Right to Food and render food banks obsolete until we address the systemic, upstream issues that perpetuate inequities in our communities. Only through comprehensive policy action, we can stem the record flow of new clients that are turning to our doors for support. We call on our governments to act by enacting policies that expand the supply of affordable housing, create sustainable and decent jobs capable of providing income security, and introduce social assistance reforms that support an adequate standard of living.

About

In partnership, Daily Bread Food Bank and North York Harvest Food Bank have released *Who's Hungry 2022* – a report profiling hunger in Toronto and examining systems strain. With a wide-reaching network, food banks serve as an early warning sign of the effectiveness of our systems.

Based on client intake data and surveys conducted in the past year, *Who's Hungry 2022* advocates for holistic policy solutions capable of tackling systemic issues that infringe upon the Right to Food, by redesigning systems to unlock the constraints of poverty, so every person can live a life of dignity.

To review the full report and policy recommendations, visit dailybread.ca/whoshungry