



# Fighting Hunger



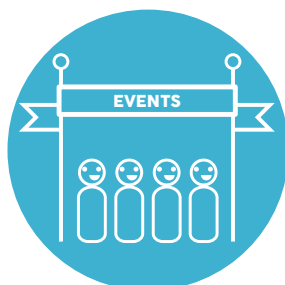
**Daily Bread**  
Food Bank

2015 Annual Report

# 1

## *Food comes from*

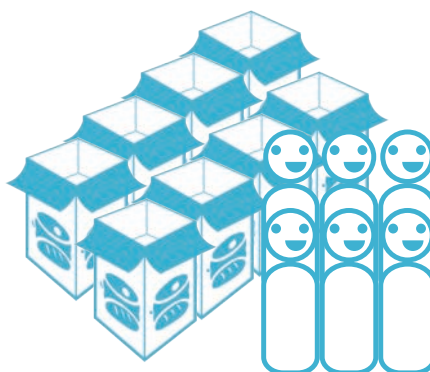
all across Toronto to Daily Bread. From grocery stores, fire halls, schools, food industry, events & you.



# 2

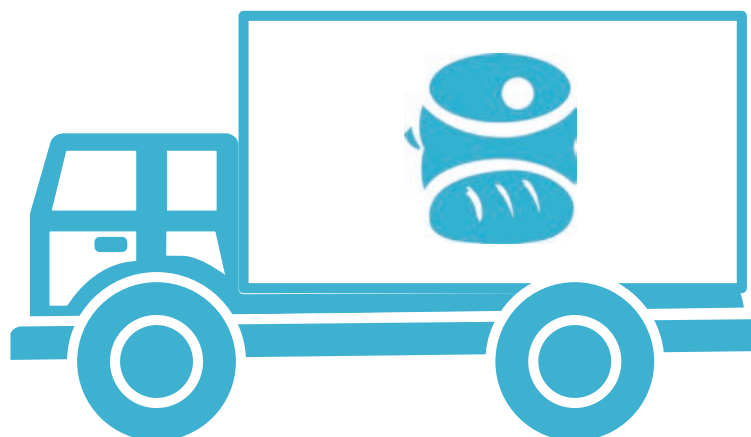
## *This food*

is then placed in a donation bin.....



...which is picked up by one of our trucks.

# 3

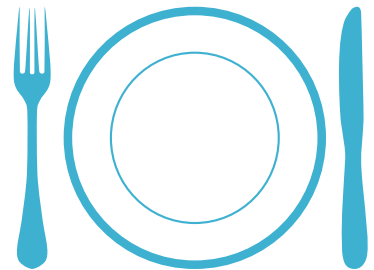




**4** *The truck*  
brings it to the  
warehouse and  
the food is...



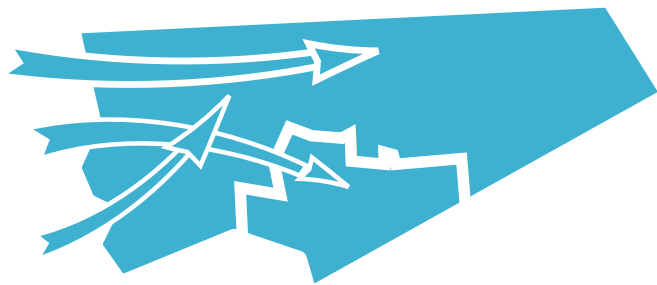
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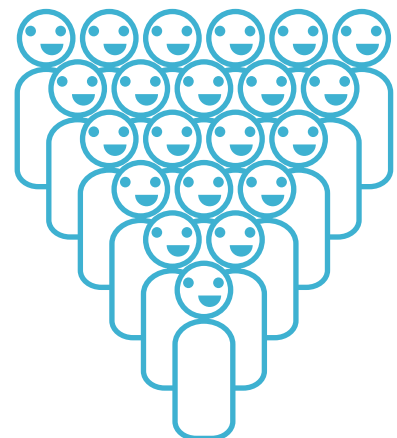
sorted and packed  
by volunteers

sent to the kitchen  
to be made into  
meals.

**5** *Once the* food is sorted and ready to  
go, our trucks are loaded up and we deliver it  
to 136 member agencies across Toronto.



**6** *Our member*  
agencies make sure the  
food gets to those who  
need it most.





# Letter from the Chair of the Board & Executive Director

We couldn't do it without you – our supporters, our donors, our volunteers and our member agencies. And yet, there's always more to be done. In the spring, we finished a three-year strategic plan that will shape our mission and sharpen our focus on delivering more nutritious, healthy food to thousands of people, through our network of member agencies across the city.

Daily Bread is here because people are struggling to put food on the table. We're here to make sure that people in one of the richest cities in Canada have enough to eat. While *The Economist* placed Toronto fourth on its list of most livable cities in the world, there is a growing divide between the haves and have-nots. Affordable housing is almost non-existent and too many people are falling through the cracks and landing at the door of their local food bank.

Poverty is the reason we continue to fight hunger – partnering with other organizations across the city for innovative public policy, a transformed social assistance system, affordable housing and better jobs with benefits and stable hours – changes that will have genuine and long-term impacts on people coming to food banks. With your continued support, together we can make a difference in people's lives.



Gail Nyberg  
Executive Director



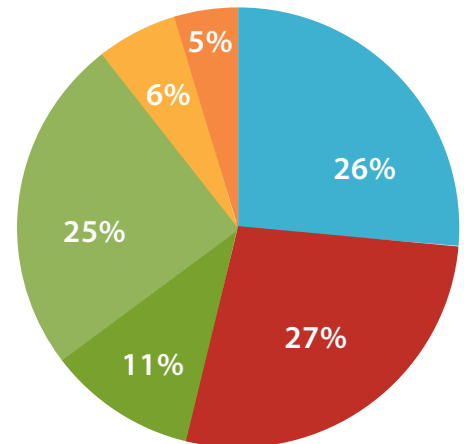
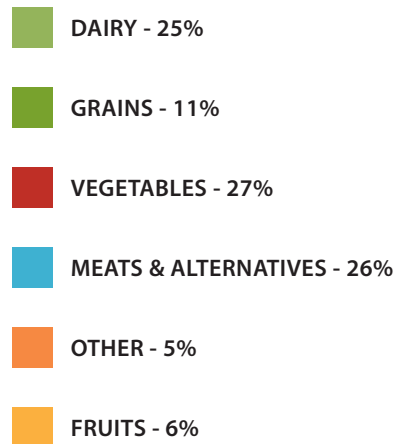
Al Shulman  
Chair, Board of Directors



# Who's Hungry?

Last year, Daily Bread provided food for over 716,000 hampers in addition to thousands of nutritious meals and snacks at breakfast programs, homeless shelters and prenatal programs for mothers on low incomes. That's \$22 million worth of purchased and donated food delivered to those who need it most.

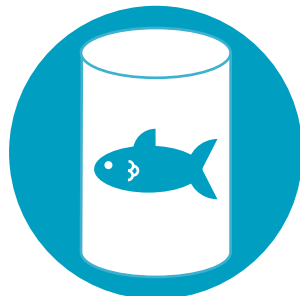
Thirty-seven percent of the food distributed last year was fresh. Of the food distributed:



Food is a basic human need. Daily Bread provides the building blocks for healthy, productive lives by providing nutritious food to people struggling with hunger. Last year, we delivered:



730,000 pounds of milk



183,000 pounds of canned fish



126,000 cartons of eggs



6338 cans of baby formula

We also sorted, packed and distributed 1.7 million pounds of fresh fruits and vegetables, including:



71,000 lbs of apples



150,000 lbs of carrots



141,000 lbs of onions



51,000 lbs of beets

# Our Financials 2014 -15

Daily Bread distributed over \$22 million\* worth of food last year through its network of member agencies, providing nutritious food for thousands of people across Toronto. To view Daily Bread's audited Financial Statements and Auditor's Report, please visit us at [www.dailybread.ca/about/annual-reports-and-financial-statements/](http://www.dailybread.ca/about/annual-reports-and-financial-statements/) or email us at [info@dailybread.ca](mailto:info@dailybread.ca) to receive a copy.

## Income

**Donated Food and Donations Designated for Food: \$8,035,589**

**Donations and Revenue: \$6,141,745**

**Total Income: \$14,177,334**

## Expenses

<b>Value of Distributed Donated Food</b>	<b>\$6,407,716**</b>	<b>46%</b>
<b>Food Distribution Operations</b>	<b>\$1,682,176</b>	<b>12%</b>
<b>Food Preparation and Purchases</b>	<b>\$2,234,225</b>	<b>16%</b>
<b>Member Agency Support</b>	<b>\$734,433</b>	<b>6%</b>
<b>Kitchen Training Program</b>	<b>\$317,930</b>	<b>2%</b>
<b>Research and Public Policy</b>	<b>\$505,275</b>	<b>4%</b>
<b>Fundraising and Food Solicitation</b>	<b>\$968,671</b>	<b>7%</b>
<b>Administration</b>	<b>\$863,562</b>	<b>6%</b>
<b>Community Action Fund</b>	<b>\$120,673</b>	<b>1%</b>
<b>TOTAL</b>	<b>\$13,834,661</b>	

\* At a national weighted average retail value of \$2.50 per pound as determined by a third party survey commissioned by Food Banks Canada in 2012.

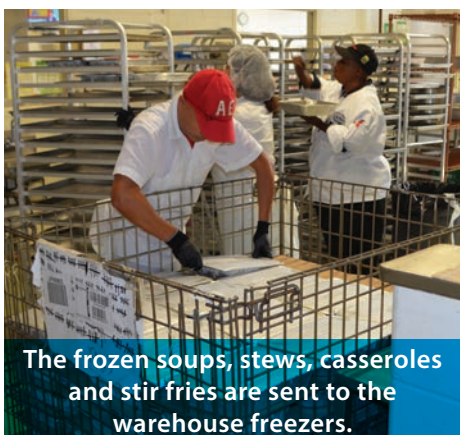
\*\*Calculated at a wholesale worth of \$0.88 per pound.



# In the Kitchen

Daily Bread has an industrial-sized kitchen where we prepare healthy meals including soups, casseroles and stews that are distributed out to meal programs across the city.

Having a kitchen onsite allows Daily Bread to take advantage of a lot more fresh vegetables that are donated. A few months ago, Daily Bread received skids of mushrooms that only had a few days left on them – not enough time to distribute out to our member agencies. But that was more than enough time to take that produce and turn it in to something fresh, nutritious and delicious by adding the mushrooms to stir fries and soups. Daily Bread's kitchen means we can get more fresh food out to those who need it most and here's how we do it.



# A partner we can count on

## Toronto firefighters actively support Daily Bread and people who need immediate food assistance – all year-round!

The Toronto firefighters are friends we can count on. Thanks to the generous commitment of our city heroes, food donations can be dropped off at any fire hall in the city all year-round. This means that we can continue to meet the on-going need for food from our community. "Fire halls are a fundamental part of every neighbourhood," says Frank Ramagnano, President of the Toronto Professional Fire Fighters' Association. "They are now also a bridge in uniting thousands of people to give back. And because of this, we all feel a sense of community and pride." Since 2010, Daily Bread has received – and distributed – more than one million pounds of food from fire halls across Toronto.

The Toronto firefighters are devoted to meeting urgent needs in the city. In addition to acting as a main drop-off location for food donations, they also host an annual fundraiser, the Starkman Cup Trivia Challenge. This event has raised more than \$80,000 since its inception and it gets bigger and better each year!

"We are committed to fighting hunger and we'll do anything we can to lend a helping hand," continued Frank. "Helping Daily Bread and people in our city has always been a cause we've embraced with generosity and compassion. It's our duty and we are glad to help."

Without the generosity and support of our firefighters, we couldn't impact as many lives as we do. Thank you!



Frank Ramagnano, President of the Fire Fighters' Association receiving the 2014 partner award at Daily Bread's Best in Class appreciation event earlier this year.

# Building homes, investing in people

## Corporate donor of the year, Great Gulf, is shaping our community from the ground up

Our work would not be possible without the incredible support of our many corporate donors. We're so grateful to count Great Gulf among them. For over a decade, they've made fighting hunger a priority through monthly donations and by regularly volunteering in our production area.

Great Gulf is not a company that "toots their own horn" but we want to! This year we put the spotlight on Great Gulf by honouring them with our Corporate Donor of the Year award – an award that recognizes their outstanding commitment to fighting hunger. The people at Great Gulf are committed to providing a healthy food balance. They understand that people need food not just to survive, but to thrive and be active members of society.

Madeline Zito, VP of Public Relations, reaffirmed Great Gulf's commitment to Daily Bread at this year's Best in Class Awards. "We understand the challenges our communities face, we care about the people who are struggling with hunger and we're determined to make a difference. That's why we support Daily Bread."

Thank you to Great Gulf and the hundreds of other companies who have demonstrated remarkable leadership in the fight against hunger. We couldn't do it without you.



# Ultimate Food Challenge a huge success

## Chefs duke it out in the kitchen to create the winning dish

Three chefs including Donna Dooher (Mildred's Temple Kitchen), Daniel Mezzolo (Gusto 101) and Saverio Macri (Cibo Wine Bar) sliced, diced and cooked their way through a timed competition. They had 30 minutes to complete a dish using ingredients commonly found in a food hamper box.

The winner, as chosen by judges Michael Bonacini (co-founder of Oliver & Bonacini Restaurants), Massimo Capra (chef and co-owner of Mistura and Sopra Upper Lounge), and Emily Richards (Home Economist, Chef and Author) was Donna Dooher.

**Thank you to our sponsors for making the 2014 UFC a success!**



Campbell's Company of Canada:  
Presenting Sponsor



Nutella: Fan Favourite Sponsor



Target Canada: Healthy Food  
Box Sponsor



Sodexo: Silent Auction  
Sponsor



Just Energy: Chef Station  
Sponsor



Equity ICI Real Estate Services:  
Chef Station Sponsor



Morgan Meighen & Associates:  
Chef Station Sponsor



From L to R : Judges Emily Richards, Massimo Capra, Daily Bread Executive Director Gail Nyberg, Judge Michael Bonacini.

# Thank you!

Daily Bread Food Bank is grateful to our donors who provide the financial and food donations that help us feed thousands of people in need across Toronto.

## Champion

### Corporate & Foundation



The Catherine and  
Maxwell Meighen  
Foundation



### Food Industry



At Artic Cold Storage  
& Logistics Inc.



DAIRY FARMERS OF ONTARIO

### Partners Events



## Full Table

### Corporate & Foundation



Harold E. Ballard  
Foundation



### Food Industry



Thomson  
Terminal



Bondi Produce  
Co Ltd

Sherway  
Group



### Partner Events



Ontario Public Service  
Food Drive



## Full Plate

### Corporate & Foundation

Audrey S. Hellyer Charitable Foundation  
Campbell Company of Canada  
Cisco Canada  
Erica Shuttleworth Fund  
Frederick and Douglas Dickson  
Memorial Foundation  
Great Gulf  
Hylcan Foundation  
Johnston Industrial Plastics Ltd.  
Kay Family Charitable Foundation  
Lindt & Sprungli Canada Inc  
Loblaw Companies Limited  
Malvern Christian Assembly  
Powerline Plus Ltd.  
RBC Foundation  
Sprott Asset Management LP  
State Street Trust Company Canada  
Sunpan Trading & Importing Inc.

The Andree Rheame and Robert  
Fitzhenry Family Foundation  
The Andy and Beth Burgess  
Family Foundation  
The Geoffrey H. Wood Foundation  
The Grocery Foundation  
The Paloma Foundation  
The Sherry & Sean Bourne Family  
Charitable Foundation  
The William R. and Shirley Beatty  
Charitable Foundation  
TMX Group  
Toronto Theosophical Society  
Toronto Wholesale Produce Association  
Unilever Rexdale

### Food Industry

Bradford & District Produce Ltd.  
Earth Fresh Foods  
Egg Farmers of Ontario  
Hain Celestial Canada  
Ippolito Inc.  
Italian Produce Company Ltd  
Italpasta Limited  
J.E. Russell Produce Ltd.  
Maple Lodge Farms Ltd  
Mars Canada Inc.  
Metro Ontario Inc.  
Mondelez Canada Inc.  
Parmalat Canada  
PepsiCo Canada  
Streef Produce Ltd  
Target Canada  
Unico Foods Inc.  
W.T. Lynch Foods Ltd  
Weston Bakeries Ltd.

### Partner Events

CP Holiday Train  
Jingle Bell Concert Series  
Purolator Tackle Hunger Campaign  
SAS Technologies Canada - Golf  
Tournament  
The Starkman Cup Trivia Challenge

## Training

A distribution warehouse that provides food to hundreds of food programs, Daily Bread also could not do its work without member agencies. From big to small, community agencies across the city run thousands of programs to help people on low incomes – including food programs. Food is a basic necessity. It's hard to learn in school if you haven't had breakfast and it's hard to find work on an empty stomach. That's why it's so important that while Daily Bread continues to push for long-term solutions to poverty, every day we also provide thousands of nutritious meals to people who would otherwise go hungry.

This year, Daily Bread also began running full-day and half-day Information and Referral Training workshops, bringing in experts and partners from other community organizations to talk about government benefits, housing, mental health, home and community health care supports as well as Ontario Works and Ontario Disability Support Program. Over half of food bank clients have a disability and over 60 per cent are on either Ontario Works or Ontario Disability Support Program. People are coming to a food bank because they are hungry, but they are hungry because of poverty. They are often dealing with multiple issues in areas such as housing, education, social assistance or mental health. We help our member agencies develop skills in assessing a variety of client issues and needs.

Daily Bread once again partnered with Second Harvest and North York Harvest Food Bank to run an intensive one-day joint agency workshop for food programs across Toronto. This is an annual event and over 130 people from 60 agencies came to learn more about access and equity issues at food programs.



Daily Bread's Manager of Training and Development, Carolyn Bierma, teaches a workshop on Non-Violent Crisis Intervention.



# Member Agencies

Daily Bread distributes food through 136 member agencies across Toronto. From food banks to meal programs, there are over 200 programs that Daily Bread provides food to – in local churches, schools, community hubs, food centres, women's shelters, refugee centres and hostels for the homeless. Our member agencies are our partners in the fight against hunger.

## St. Ninian's Food Bank

In north Scarborough, St. Ninian's Food Bank is run out of a small space in a church of the same name. A beautiful brown-brick building with an expansive lawn, the food bank here is small, and as people drop by to pick up their food hampers, the volunteers greet them by name. Valerie Todd, the food bank coordinator here at St. Ninian's, sees first-hand the effect that not having enough affordable housing has on the people in her community. Many of the people coming to St. Ninian's have spent what little money they have on rent, leaving almost nothing for food.

For over 30 years, St. Ninian's has been providing food to families in need. Every Tuesday morning, Daily Bread's truck arrives and volunteers help unpack that week's delivery and stock up the food bank shelves. On a sunny August morning when most families are on vacation, some of the food bank's most dedicated volunteers are here, helping pack grocery bags for clients and re-package some of the larger food items that they can hand out to people later on. As a young man, barely out of high school, picks up his family's food hamper, Valerie helps an older woman look for shoes in her size. "We really care about the people who come here and try and get them what they need," says Valerie. "We never turn anyone away and we treat everyone with kindness and respect."



## Christie Refugee Welcome Centre

"Angel, are you getting new shoes?" The little girl proudly holds up a pair of fuzzy pink boots and nods her head at Lynne Neil, the administration and support coordinator for the Christie Refugee Welcome Centre (CRWC). The centre can house up to 65 refugees and has been a safe and welcoming sanctuary since 1989.

"I meet wonderful, brave, courageous people who have been through unimaginable hardships," says Lynne, as she leaves Angel to try on her new boots in the clothing room. "How desperate do you have to be to leave everything behind to start a new life in a strange land?"

The Christie Refugee Welcome Centre provides a place of safety, welcome and support to refugees. The staff work hard to support the families coming through their doors. There is a medical clinic on site, staffed by doctors and a nurse practitioner; the summer camp program provides activities for the children at the centre before school starts – ESL games, arts and crafts and trips to the CNE. A variety of staff help people navigate a new country – from immigration to housing and education.

Once a week, Daily Bread's truck arrives to deliver food, and in the new kitchen downstairs, three nutritious meals a day are prepared as well as snacks for those calling CRWC home. And in September, Angel and her friends will be at school as their parents deal with the endless waiting that comes before their first refugee hearing, which will help determine whether they can stay in Canada.

## St. James Food Basket

"St. James Food Basket has an incredible roster of dedicated volunteers, including many who are also clients," says Daily Bread's Nikki McAlister. In fact, St. James has over 200 volunteers and over 11 different organizations, including churches, a Muslim association and a Buddhist organization, involved in running and maintaining the program.

"It's really important that this is a place where people can come in and be welcomed – a friendly environment," says Marie Truelove, who is a volunteer with the multi-service food bank. St. James Food Basket, like many of Daily Bread's member agencies, offers far more than just food, including workshops with Toronto Public Health, income tax workshops and a meal program when the food bank is open, where people can sit down and eat a hot meal while they wait.

"We have people coming to our food bank who are dealing with year after year of poverty," says Marie. "Others are dealing with recent poverty, unemployment, catastrophic illness, or other impossible situations. It is a privilege to be able to help them in this small way."



## Bethlehem United Shelter

Bethlehem United Shelter is a 70-bed, 24-hour a day shelter with a difference – it is the only pet-friendly shelter in Toronto. Located in north Toronto, the church is an area of the inner suburbs with few resources for those on low incomes, let alone those who are precariously housed. After partnering with Fred Victor, for their experience in running a shelter program, the Bethlehem United Shelter was born. Residents have access to case managers, who work one-on-one with them to help find housing and stability.

A chef by profession, Deborah McFarlane, Food Services Manager is responsible for providing three healthy and delicious meals to residents of the shelter 7 days a week. She was working as a chef at a hotel when she saw the job posting for the shelter service manager position and knew she had to apply. That was almost a decade ago, and Deborah relishes her work helping to change lives in her community.

"It is a joy to ensure people eat well. I consider the meal program here a service department – food can be rehabilitative. I put care in to every meal I prepare – how it looks, how it tastes – that's how I show I care, through the food I make," says Deborah. "Without the food from Daily Bread, I wouldn't be able to do that."

# Member Agencies

## East Toronto

Alpha House  
Beach Interfaith Outreach  
Bethany Baptist Church  
Food Bank  
Broadview Bits & Bites  
Calvary Baptist Church Grace  
Pascoe Care Centre  
Danforth Tenants  
East York - East Toronto  
Family Resources  
Eastview Neighbourhood  
Community Centre  
Flemingdon Park Food Bank  
Glen Rhodes United Church  
Loft Community Services \*  
Margaret's Housing &  
Community Support Services  
Nellie's  
O'Connor Community (Friends  
of Jesus Christ)  
Pape Food Bank\*  
Parent Resources  
Secord Community Centre  
St. Ann's Food Bank  
St. John The  
Compassionate Mission  
The Tower  
Thorncliffe Food Bank  
Woodbine Heights (Friends of  
Jesus Christ)  
YWCA Tenants  
YWCA Women's Shelter

## Central Toronto

Christie Ossington  
Neighbourhood Centre  
Christie Refugee  
Welcome Centre  
Church of the Redeemer  
Churches on the Hill  
Eva's Initiatives  
Fort York Food Bank  
Foster Food Club  
John Gibson House  
Lighthouse Centre - Formerly  
The Lighthouse  
Matthew House Refugee  
Reception Services, Toronto

Native Canadian  
Centre of Toronto  
Native Child and Family  
Services of Toronto  
Native Men's Residence  
Scott Mission  
Seeds of Hope Foundation  
St. Felix Centre  
St. Stephen's Corner Drop In  
Transition House  
University of Toronto Food &  
Clothing Bank  
University Settlement Out of  
the Cold Program  
Walmer Road Baptist Church  
Warehouse Mission\*  
YMCA Vanauley Street Drop In

## West Toronto

Archway  
Breakaway - Satellite  
Canadian Red Cross Mobile  
Food Bank  
Caribbean Catholic Church  
Cooper Mills  
Creating Together  
Emmanuel Howard Park  
Humewood House  
La Paz Co-op  
Oasis Dufferin  
Community Centre  
Parkdale Project Read\*  
Parkdale Activity Recreation  
Centre (PARC)  
Parkdale Community Food Bank  
Parkdale Focus Breakfast Club  
Parkdale Parents' Primary  
Prevention Project  
Sistering  
Sorauren Food Bank  
South Asian Women's Centre  
St. Clair Food Program  
Syme Woolner  
The Stop Community  
Food Centre  
Trinity Community Meal  
Program\*  
Vaughan Road Food Bank\*  
West Neighbourhood House

Weston King  
Neighbourhood Centre  
Wychwood Open Door  
Drop-In Centre  
  
**East Downtown**  
416 Community Support  
For Women  
519 Community Centre  
All Saints Church Community  
Centre & Women's Drop In  
Allan Gardens Food Bank  
ArtHeart Community Art Centre  
Covenant House Food Bank  
Fred Victor Centre  
George Brown College  
Food Banks

Good Food Centre Food Bank  
(Ryerson) - formerly Ryerson  
Community Food Room  
Good Neighbours' Club  
Good Shepherd Ministries  
Margaret's Toronto East Drop In  
Matt Talbot & St.  
Michael's Homes  
Metropolitan United Church  
Native Women's  
Resource Centre  
Our Lady of Lourdes - Formerly  
Lourdes Food Bank  
Sanctuary Ministries  
Sojourn House  
St. Bartholomew's Church  
St. Paul's Basilica Food Bank  
Street Haven Hostel & Drop-In  
Toronto Christian  
Resource Centre  
Toronto Council Fire  
Toronto People With AIDS  
Foundation  
Turning Point Youth Services  
Women's Health In Women's  
Hands (CHC)  
Yonge Street Mission

## Etobicoke

Braeburn Neighbourhood Place  
Christ Church St. James  
Friendship Food Program

Haven on the Queensway  
LAMP Community  
Health Centre  
Mabelle Food Program -  
Islington United Church  
Mount Olive SDA Church  
New Toronto Street Food Bank  
Our Saviour Lutheran Church  
Parish of St. Margaret  
Richview Food Bank  
St. James Food Basket  
Storefront Humber  
Willowridge Tenants Program\*  
Women's Habitat Outreach

## Scarborough

Agincourt Community Services  
Agincourt Pentacostal Church  
Brimley Acres  
Churches by the Bluffs  
Dr Roz's Healing Place  
Homes First Society -  
Scarborough Shelter  
Julliette's Place (Homeward  
Family Shelter)  
Malvern Healthy  
Community Cupboard  
Meadowvale East Food Bank  
Neilson Seniors Helping People  
Scarborough Centre For  
Healthy Communities  
Scarborough Drop In  
Second Base Youth Shelter  
Sir Robert L. Borden BTI  
St. Ninian's Food Bank  
St. Stephen's  
Presbyterian Church  
Teesdale Place Food Bank  
WardenWoods  
Community Centre

## North Toronto

Bethlehem United Shelter  
Monsignor Fraser College  
Youth Unlimited - Light Patrol

\*Membership discontinued.



# Board of Directors

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\**Outgoing as of September 2014*

\*\**Resigned February 2015. Replaced as Treasurer by Ghazala Parvez.*



*"If it wasn't for the food bank, I would not have been able to eat during the two and a half months I was unemployed. Now that I have a job, I am able to buy some groceries but I still come once a week since I only make \$11 an hour."*



*"Without the food bank, we wouldn't be able to live."*



*"My husband graduated from the University of Toronto. It has been two years and he still can't find a job. We don't want to, but unfortunately we need to go to a food bank."*



*"I'm very thankful – the food bank is a huge help and I don't know what I would do without it. I can't rely on a job – I've been laid off and there have been multiple times where, without Daily Bread Food Bank, I would have been homeless."*



*"I'd really be in trouble if there wasn't a food bank. I'd be starving."*



**Daily Bread**  
Food Bank

**For more information or to make a donation:**

416.203.0050 | [info@dailybread.ca](mailto:info@dailybread.ca)

[www.dailybread.ca](http://www.dailybread.ca)

Daily Bread is a registered charitable organization.

Registered Charity Number: 11888 1549 RR0001

*"If I had regular hours of work, as I was promised, I wouldn't have to use the food bank."*



*"I wish there was more money for me and my child. I am constantly looking for a job, but no success. Food banks help me to keep going. Life is getting too expensive, rent is killing me and my job is not well paid."*



*"Thank you so much for all your beautiful work and help. I wish that someday I will be able to help, and to give back."*



*"The food bank helps families in times of hunger. I am grateful that I have a place to go to get food for my kids."*



*"All my money goes to medical supplies and transportation for visits to doctors. When you are as sick as I am, health supplies are very expensive."*

