

# Canada Disability Benefit

## Who's eligible and how to apply

The Canada Disability Benefit (CDB) is a **monthly** benefit designed to reduce poverty among low-income, working-age persons with disabilities. You may receive up to **\$2,400 per year (\$200 per month)**. The amount depends on several factors, including your income, marital status, employment, and other considerations.

Applications opened on **June 20, 2025**. If you were eligible earlier, you may receive retroactive payments from June 2025. Once your application is approved, you will receive a letter every June confirming your qualification for the benefit and the eligible amount.

## What are the eligibility requirements?

- You are a Canadian resident between the ages of **18 and 64**.
- You qualify for the **Disability Tax Credit (DTC)**, a federal income tax credit that helps reduce taxes for people living with disabilities. You'll need a medical practitioner to complete part of the application form for DTC, accessible on the government portal ([www.canada.ca](http://www.canada.ca))
- You and your spouse or common-law partner, if applicable, filed your 2024 federal income tax return.

## What do I need for my CDB application?

- If you meet all eligibility criteria and already have the DTC, you should receive a letter in the mail with a **6-digit application code**.
- You'll also need:
  - Your Social Insurance Number (SIN)
  - Mailing address
  - Banking information (branch number, institution number, account number)
- If you didn't receive a letter, you can still apply — but you'll also need your net income amount (**line 23600 on your 2024 Notice of Assessment**), in addition to your SIN, mailing address, and banking information.

## How do I apply?

- **Online:** Through the government portal ([canada.ca/disability-benefit](http://canada.ca/disability-benefit)) This is the fastest option.
- **Phone:** Call Service Canada at **1-833-486-3007**
- **In person:** Visit a Service Canada office
- **By mail:** Complete, print, and mail the application form labelled **CDB0004** to the CDB Processing Centre

### Questions? Call Service Canada

- **CDB Hotline:** 1-833-486-3007
- **TTY:** 1-833-467-2700

Hours: 8:30 a.m. – 4:30 p.m., Monday to Friday

[Learn More](#)



## Can someone apply for me?

Yes. You can:

- Appoint a legal representative to apply and make decisions on your behalf
- Authorize someone to communicate with Service Canada (without decision making authority). Complete the **Consent to Communicate Information to an Authorized Person** form and mail it to or drop it off at a Service Canada Centre.

## Other ways to get support

- Submit an eServiceCanada request form
- Visit a Service Canada Centre
- Register with Canada VRS for sign language support

## What happens after I apply?

- You'll get a decision letter from Service Canada within 28 days. If a legal representative applies for you, it may take longer.
- If you don't agree with the decision:
  - You can request a reconsideration within 180 days of receiving the decision.
  - If you still disagree, you can file an appeal.
- To check your status, contact Service Canada.

## When and how will I receive payment?

- Payments begin one month after approval and arrive on the third Thursday of each month.
- If your total benefit for the year is under \$240, you'll receive a lump sum.
- You can receive payment by direct deposit or cheque. To switch payment method, contact Service Canada or fill out the **Direct Deposit Request Form**.

## Other organizations offering support in navigating disability benefits

- Canadian Association of the Deaf
- Inclusion Canada
- Indigenous Disability Canada / British Columbia Aboriginal Networks on Disability Society
- Mood Disorders Society of Canada
- Plan Institute
- Vision Loss Rehabilitation Canada
- NWT Disabilities Council
- Nunavummi Disabilities Makinnasuaqtiit Society
- Disability Alliance British Columbia / Disability Alliance Canada
- Voice of Albertans with Disabilities
- Finautonomie
- ResourceAbilities
- Independent Living Nova Scotia

### Important Links

- To download forms: [canada.ca/disability-benefit](https://canada.ca/disability-benefit)
- To request support from Service Canada: <https://eservices.canada.ca/>