

In support of



Support our food drive!



We're organizing a food drive on behalf of Daily Bread Food Bank. **We invite you to join us and fill a bag or box with nourishing, non-perishable food.** Your food donation will make an immediate difference for Torontonians facing food insecurity.

Here are the most needed items:



Canned vegetables



Canned tomatoes
(whole, diced, crushed)



Oatmeal



Canned fruit



Nut butter
(almond, peanut)



Canned fish
(tuna, salmon, sardines)

Why we need your help now:

- 1 in 10 people in Toronto rely on food banks. That's over 300,000 unique individuals served in 2023.
- 1 in 4 food bank visits are for children/youth.
- Before the pandemic, Daily Bread spent \$1.5 million on food per year. This year they're spending \$29 million.

What to do when you've filled your bag or box:

Thank you for joining us in the fight to end hunger!

If you or anyone you know needs emergency food, please visit dailybread.ca/need-food