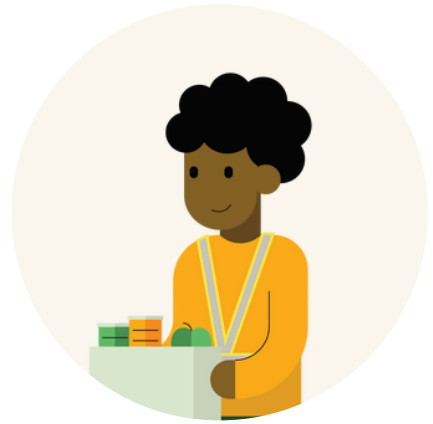


In support of



Support our food drive!



We're organizing a food drive on behalf of Daily Bread Food Bank. **We invite you to join us and fill a bag or box with nourishing, non-perishable food.** Your food donation will make an immediate difference for Toronto families and individuals facing food insecurity.

Here are the most needed items:



Canned vegetables



Canned tomatoes
(whole, diced, crushed)



Oatmeal



Canned fruit



Nut butter
(almond, peanut)



Canned fish
(tuna, salmon, sardines)

Why we need your help now:

- **More than 1 in 10** people in Toronto rely on food banks, up from 1 in 20 just two years prior.
- In 2024, Daily Bread served **over 3.75 million** food bank visits — that's more than 4.5 times pre-pandemic levels.
- **Nearly 1 in 4 (23%)** food bank clients are children ages 18 and younger.

What to do when you've filled your bag or box:

Thank you for joining us in the fight to end hunger!

If you're in need of emergency food, please visit dailybread.ca/need-food

Scan for more info:

